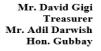
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Shabbat - Mishpatim	1		שבת פ' משפטים
Sat. 1 - 2 Feb. 2019	- 27th of Sh'vat, 5779 -	כייז בשבט תשעייט	Issue Number 883
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	Mufteer & Haftarah	Mr Yaakov Georgy	(Page - 1212).
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מברכין החודש
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Mishpatim 5779 (Exodus 21-24)

Jan 27, 2019 | by Rabbi Kalman Packouz

GOOD MORNING! One time while I lived in Jerusalem, I parked my car in front of Uri's Pizza to pick up two pies for my family. When I came out there was a man leaning against my car -- scowling face, crossed arms, crossed legs. He looks at me with hatred spewing from his eyes and says with an aggressive edge, "So, you're the one!" I asked, "The one what?" He venomously replied, "The one who blocked my car in!"

Next week: Mincha, Arbit & Daf Hayomi.

I looked and sure enough, his car had no room to maneuver out of its parking spot. I put down the pizzas and said to him, "I'm sorry. I didn't realize that I blocked you in. In the future I will make sure to be more careful. Please forgive me for your wasted time and for being the cause of your aggravation."

The man got up from the car and came towards me! ... and then he gave me a big bear hug! He said, "This is the first time anyone has apologized to me. You can block me in anytime!" True story.

Everyday we run into people who are upset -- and once in a while, that upset person is even us. Every single one of us is righteous in his own mind. We see very clearly from our own point of view why we are right, why the other person is wrong and why the other person deserves our wrath. (A recipient of the Shabbat Shalom Weekly fax edition faxed to me 23 copies of the fax. I wrote him a nice note

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asking if there is a problem and how can I help. He faxed me back 23 copies of my note...) would want to exit at the same time. One day I witnessed a verbal "tennis match" of two drivers arguing who should back up

It is hard to be rational and even compassionate when one is emotional. What can one do? One technique is "Go to the balcony." Pretend you're watching a play -- from the balcony. You're not involved; you're just observing. You will be able to see your situation more objectively.

Ask yourself, "If I were the other person, how would I react?" Seeing it from the other point of view helps build rationality and calmness. Talk in a soft voice. A soft voice turns away wrath (King Solomon said that!). Don't say anything which will enflame the person. Don't interrupt the person when he's talking (it shows a lack of respect and is very irritating). Focus on what you can agree with and apologize where you can.

Lastly, know that on some level all human beings are a bit crazy. Insanity is defined as doing the same thing and expecting a different result. People do not want to "lose it" -- to lose control and become angry. Yet, they do it repeatedly. The advantage of knowing that we are all a bit crazy is three-fold: 1) we can have more compassion for others 2) we can have more compassion for ourselves 3) knowing we're a bit crazy, maybe we can do something about it! (If you aren't aware that there is a problem, you can't and won't do anything about it.)

There is one other "technique" I learned to stop the insanity. When I worked at the Aish World Center in the Old City of Jerusalem, the Jewish Quarter had a parking lot with one combined entrance/exit. This meant that regularly one car would want to enter and another

would want to exit at the same time. One day I witnessed a verbal "tennis match" of two drivers arguing who should back up and give way to the other. Neither succeeded in convincing the other. (One bystander suggested that they "duke it out" in the best of American tradition with the loser backing up; they both agreed that the bystander was crazy and went back to yelling at each other.)

Finally, one disputant confidently and defiantly asked, "Yesh lecha te'udat normali?" (Do you have a "Certificate of Sanity"?) The other fellow was at a lost for words and didn't answer. He got back in his car, backed up and let the other guy enter the parking lot.

A few weeks later I was visiting my wife's step-grandfather in the hospital. A man asked me in Hebrew how to get to a certain ward. I told him, "I am sorry. I don't know." Immediately he started to verbally lash into me -- "How come you don't know? You should know!" and continued to berate me. I went to "the balcony" and said to myself, "This is really bizarre." Then I remembered the incident at the parking lot! I waited for him to stop and then asked, "Slicha. (excuse me). Yesh lecha te'udat normali?" He looked at me not knowing how to reply ... and walked away. I don't know why it worked in Israel. I don't think it would work in America.



TORAH PORTION OF THE WEEK

Mishpatim, Exodus 21:1 - 24:18

One of the most *mitzvah*-filled Torah portions, containing 23 positive commandments and 30 negative commandments. Included are laws regarding: the Hebrew manservant and

maidservant, manslaughter, murder, injuring a parent, kidnapping, cursing a parent, personal injury, penalty for killing a slave, personal damages, injury to slaves, categories of damages and compensatory restitution, culpability for personal property damage, seduction, occult practices, idolatry, oppression of widows, children and orphans.

The portion continues with the laws of: lending money, not cursing judges or leaders, tithes, first-born sons, justice, returning strayed animals, assisting the unloading of an animal fallen under its load, Sabbatical year, Shabbat, the Three Festivals (Pesach, Shavuot & Succot).

Mishpatim concludes with the promise from the Almighty to lead us into the land of Israel, safeguard our journey, ensure the demise of our enemies and guarantee our safety in the land -- if we uphold the Torah and do the *mitzvot*. Moses makes preparations for himself and for the people and then ascends Mt. Sinai to receive the Ten Commandments.

* * *

Dvar Torah based on Growth Through Torah by Rabbi Zelig Pliskin

Before Moses ascended Mt. Sinai to receive the stone Tablets, he and seventy elders were at the foot of the mountain. There:

"...they saw a vision of the God of Israel, and under His feet was something like a sapphire brick, like the essence of a clear sky" (Exodus 24:10)...

What can we learn from their vision?

Rashi comments that the brick was in the presence of the Almighty during the time the Israelites were enslaved in Egypt to remind Him of their suffering since they were forced to build with bricks in their slavery. "The essence of a clear sky" is a reminder that once they were liberated there was light and joy before the Almighty.

Rabbi Yeruchem

Levovitz comments that whenever the Torah tells us about the attributes of the Almighty, the purpose is to teach us how we should strive to emulate Him. When someone else suffers, it is not sufficient for us just to try to feel his suffering in the abstract, we should try to ease his suffering if we can. We should also do some concrete action that will clearly remind us of the person's suffering -- rather than just forgetting it and continuing on with our lives.

Even at the time of redemption and joy, it is important to recall the previous suffering that one experienced. This adds an entire dimension to the joy. Many people would just like to forget all their suffering when it is over. The proper attitude is to remember it, and this will give a person an even greater appreciation for the good that he experiences.

Annual Superbowl Joke!

A man attending the Superbowl sat next to an empty seat. Incredulously, he asks the woman sitting on the other side of the seat, "How is it possible that you and I are sitting next to the only empty seat in the stadium when they're being scalped at five thousand bucks a shot?" The woman replies, "The seat belonged to my late husband." "Oh," said the man, "but, I would have thought a relative or a friend would have jumped at the opportunity to use the seat." The woman responded, "I would have thought so, too ... but they all insisted on going to the funeral."

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Dear All: Thank you to all those who joined us last Shabbat to commemorate the 50 years anniversary of the hanging of the Jews in Baghdad Iraq. It was so beautiful to see such unity within our community. We would also like to extend our thanks to the Chief Rabbi, Rabbi Ephraim Mirvis, for joining us on this momentous occasion.

Mazal Tov: to Sabah and Tikva Shamash on the engagement of their daughter Daniella Shamash to Eli Baruch the son of Robert and Anne Baruch.

Mazal Tov: to Ben and Amanda Shemie on the new arrival of their baby girl. We extend our Mazal Tov to the grandparents Iris and Sami Shemie together with Dalia and Henry Sehayek

Kiddosh: presented by Moshe Nahari הי"ו, in memory of his late father Haim ben Aharon הי"ו, also by Samira Shasha הי"ו, in memory of her late husband Yehaskel ben Ragina Shasha ז"ל.

Seuda Shelishit: presented by Morrice Nassir הי"ו, in memory of his late mother **Heshmat** Bat Sara ע"ה.

Dear all: According to our book keeper and accountant, we have been informed that there are many members and non members who owe a lot of money to the synagogue. If money is owed and not paid, you will no longer be a member, benefit from the burial scheme nor have an aliya. This is a Nedeir angle according to the Torah, and you are responsible to complete all payments by the end of March 2019. We look forward to receiving your payments.

Kolel every Sunday: We are still having a Kolel every Sunday at the Synagogue hall from 09.30am - 12.00pm. Everyone is welcome.

THE KEHILLA WISHES חיים ארוכים "Long Life" TO THE FOLLOWING WHO HAVE YAHRZEIT

02	Shevat	Mrs Esther Ezekiel	07	Shevat Mr Nadhim N. Mouallim
03	Shevat	Mr Cesar Sassoon	07	Shevat Mr Reuben Isaac Ezekiel
03	Shevat	Mr Joe Sassoon	10	Shevat Mr Ezra H.Eddie Cohen
03	Shevat	Mr Robert M. E. Sassoon	16	Shevat Mrs Iran Michael Yadeger
06	Shevat	Chacham Joe David	20	Shevat Mr Joseph Lawee
06	Shevat	Mr Jack David	20	Shevat Mr Maurice Lawee
06	Shevat	Mr Haim L. Eida	26	Shevat Mr Raphael Mansour
06	Shevat	Mr Benny Benaiah	26	Shevat Mr Samy Dallal
07	Shevat	Mr Joseph Lawee	27	Shevat Mr Moshe Nahari
07	Shevat	Mr Maurice Lawee	29	Shevat Mr Ivan Ezekiel



Quote of the Week



You can't push yourself forward in life by patting yourself on the back

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